

# FOREST HILLS FALL 2023 GROUP CLASS SCHEDULE

September 18th, 2023- December 22nd, 2023

Times	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:15 am		Parent & Child		Parent & Child			
9:00 am			Parent & Child		Parent & Child		
9:45 am			Parent & Child		Parent & Child		
10:30 am			Parent & Child		Parent & Child		
11:00 am							
11:15 am		Level 2(12+)	Parent & Child	Level 2(12+)	Parent & Child		
11:45 am							
12:00 pm	Parent & Child Level 1 (4y-6y) Level 2 (4y-6y) Level 3 (5y-9y) Level 4 (6y-13y) Level 5 (6y-13y)	Level 3(12+)		Level 3 (12+)			Level 1 (4y-6y) Level 2 (4y-6y) Level 3 (5y-9y) Level 4 (6y-13y) Level 5 (6y-13y)
12:45 pm		Level3(5-13y) Level2(5-13y)		Level3(5-13y) Level2(5-13y)			
1:00 pm	Parent & Child Level 1 (7y-11y) Level 2 (7y-11y) Level 3 (7y-11y) Level 4 (6y-13y)						Level 1 (7y-11y) Level 2 (7y-11y) Level 3 (7y-11y) Level 4 (6y-14y)

1:30 pm		Level3(5-13y) Level2(5-13y)		Level3(5-13y) Level2(5-13y)			
2:00 pm	Parent & Child Level 1 (4y-6y) Level 2 (4y-6y) Level 2(12+) Level 3 (5y-9y) Level 5 (6y-13y)						Level 1 (4y-6y) Level 2 (4y-8y) Level 2 (12+) Level 3 (5y-11y) Level 4 (5y-14y) Level 5 (5y-14y)
3:00 pm	Level 1 (4y-11y) Level 2 (4y-11y) Level 3 (7y-11y) Level 4 (6y-13y) Level 5 (6y-13y)						Level 1 (4y-11y) Level 2 (4y-11y) Level 3 (4y-11y) Level 4 (5y-14y)
3:30 pm		Level 2(4y-6y) Level1(4y-8y) Level3(7y-11y)	Level 1 (4y-8y) Level 2 (4y-6y) Level 4 (6y-13y)	Level 1 (4y-8y) Level 2 (4y-6y) Level 5 (6y-13y)	Level 1 (4y-6y) Level 2 (4y-8y) Level 4(6y-14y)	Level 1 (4y-8y) Level 2 (4y-6y) Level 3 (4y-11y) Level 5(6y-13y)	
4:15 pm		Level2(6y-11y) Level 3(4y-6y) MINI- SQUAD PRACTICE	Level 1 (7y-11y) Level 2 (7y-11y) Level 3 (7y-11y)	Level 1 (4y-8y) Level 2 (7y-11y) MINI- SQUAD PRACTICE	Level 2 (4y-8y) Level 1 (4y-8y) Level 3 (7y-11y)	Level 2 (4y-11y) Level 3 (7y-11y) Level 1 (4y-8y)	
5:10 pm			Level 1 (4y-8y) Level 2 (4y-8y) Level 3 (7y-11y)		Level 1 (4y-8y) Level 3 (4y-8y) Level 4 (6y-14y)	Level 1 (4y-8y) Level 3 (4y-11y) Level 4 (6y-14y)	
6:00 pm	Level 4(12+)						
7:00 pm	Level 2 (12+) Level 3 (12+)	Level 3(12+)		Level 2 (12+)			
7:45 pm	Level 2 (12+) Level 3 (12+)						

