



**COMMONPOINT
QUEENS**
Community happens here

YOUTH SPORTS PROGRAMS FOR WINTER 2020



NURSERY SCHOOL AGE CLASSES

*NURSERY GYMNASTICS - Ages 3-5

Wednesdays - Jan. 15, 22, 29, Feb. 5, 12, Mar. 4, 11, 18, 25
3:30-4:15 p.m.

9 Weeks: \$140 Members/ \$160 Non-Members

INDOOR PLAYGROUND - Ages 5 and Under

Wednesdays - Jan. 15, 22, 29, Feb. 5, 12, 26, Mar. 4, 11, 18, 25
10:45-11:45 a.m.

\$8 for each child/adult + \$2 each additional child/adult

***Adult participation is required**

*PRE-K SOCCER - Ages 3-5

Mondays - Jan. 13, 27, Feb. 3, 10, 24, Mar. 2, 9, 16, 23, 30
3:30-4:15 p.m.

ALL SORTS OF SPORTS - Ages 3-5

Tuesdays - Jan. 14, 21, 28, Feb. 4, 11, 25, Mar. 3, 10, 17, 24
3:30-4:15 p.m.

*PRE-K BASKETBALL - Ages 3-5

Sundays - Jan. 12, 19, 26, Feb. 9, 23, Mar. 15, 22, 29, Apr. 5
3:15-4:00 p.m.

9 Weeks: \$140 Members/ \$160 Non-Members

ELEMENTARY SCHOOL AGE CLASSES

*BASKETBALL CLINIC - Ages 5-10

Sundays - Jan. 12, 19, 26, Feb. 9, 23, Mar. 15, 22, 29, Apr. 5
2:00-3:00 p.m.

9 Weeks: \$140 Members/ \$160 Non-Members

*AFTER SCHOOL WIFFLE BALL - Ages 5-11

Mondays - Jan. 13, 27, Feb. 3, 10, 24, Mar. 2, 9, 16, 23, 30
4:30-5:30 p.m.

*AFTER SCHOOL BASKETBALL CLINIC - Ages 5-11

Wednesdays - Jan. 15, 22, 29, Feb. 5, 12, 26, Mar. 4, 11,
18, 25
4:45-5:45 p.m.

*AFTER SCHOOL SOCCER CLINIC - Ages 5-11

Tuesdays - Jan. 14, 21, 28, Feb. 4, 11, 25, Mar. 3, 10, 17, 24
4:45-5:45 p.m.

***10 WEEKS: \$160 MEMBERS/
\$175 NON-MEMBERS**

Class Descriptions:

NURSERY GYMNASTICS - A fundamental gymnastics class where children will be taught tumbling and the proper use of the balance beam and vaulting horse with an emphasis on fun.

INDOOR PLAYGROUND - A safe and fun environment for children to play and interact with other children in a playground setting.

PRE-K SOCCER - The perfect intro to soccer, played indoors during the colder months. Children learn to dribble, pass, and shoot.

ALL SORTS OF SPORTS - Children learn the fundamentals of basketball, soccer, kickball and more!

BASKETBALL CLINIC - Learn the fundamentals of basketball in a safe and nurturing environment. Dribble, pass, shoot, defense and offense, etc.

SOCCER CLINIC - Learn the skills, do the drills and have fun in a class taught by certified teachers and instructors.

WIFFLE BALL - The perfect intro to baseball, played indoors during the colder months. Children learn stance, swing, fielding and throwing.

Our "Kidz Fit Gym" is now open!

A Healthy Lifestyle & Fitness Center JUST for Kidz!



For more information or to register please contact Dane Warren
at (718) 225-6750 ext. 229 or by email at DWarren@CommonpointQueens.org

