



Senior Adult MARCH 2020 Socialization Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
1	2 12:00 Why Dine Alone? 1:30 Memory Workshop	3 10:00 P.E.R.C. 12:15 Mixed Media Workshop 12:20 Film Discussion	4 10:00 Parkinson's Support Group 12:10 Painting Workshop 1:00 Pirkei Avot	5 8:30 Hebrew Ulpan 11:00 Art History Trip to Metropolitan Museum of Art 12:30 Drama Workshop	6 10:00 Blood Pressure Screening 10:00 Men's Club 11:00 Tutoring Afghan Women 12:15 Ping Pong
8	9 12:00 Why Dine Alone? 1:30 HEALTH CHAT: Urgent Care vs. the ER	10 10:00 P.E.R.C. 1:00 Bingo	11 12:10 Painting Workshop 1:00 Pirkei Avot	12 Trip: Museum of the Moving Image 8:30 Hebrew Ulpan 12:30 Drama Workshop	13 10:00 Men's Club 11:00 Tutoring Afghan Women 12:15 Ping Pong
15	16 12:00 Why Dine Alone? 12:30 FILM: THE BOOKSHOP	17 10:00 P.E.R.C. 12:15 Mixed Media Workshop 12:20 Film Discussion	18 10:00 Parkinson's Support Group 12:10 Painting Workshop 1:00 Nutrition Chat: Foods for Living Well 1:00 Pirkei Avot	19 Trip: Museum of the Moving Image 8:30 Hebrew Ulpan 11:15 Art History 12:15 Book Discussion: Brooklyn, by Colm Toibin 12:30 Drama Workshop	20 10:00 Men's Club 12:15 Ping Pong
22	23 12:00 Why Dine Alone? 1:30 Poetry Workshop	24 10:00 P.E.R.C. 12:30 FILM: A STAR IS BORN	25 12:10 Painting Workshop 1:00 Pirkei Avot	26 8:30 Hebrew Ulpan 12:30 Drama Workshop	27 10:00 Men's Club 11:00 Tutoring Afghan Women 12:15 Ping Pong
29	30 12:00 Why Dine Alone? 1:30 HEALTH CHAT: Rheumatology 1:30 Cultural Arts Speaker, CONFRONTING THE CLIMATE CRISIS	31 10:00 P.E.R.C. 12:00 MODEL PASSOVER SEDER			

Music, Lectures & Workshops

Cultural Arts Trip, Metropolitan Museum of Art: Political Art in Turbulent Times – Thurs., 3/5, 11:00 am – Our art history class has focused on political art, ranging from the Weimar Republic to Mexican artists, and finally contemporary art. Teacher Matthew Fischer will guide us through some of this art in the Met collection. Optional lunch at the Met follows art tour. Trip is open to all. Van leaves at 10:00 a.m. and returns by 3:30 p.m. \$35 (includes van). Optional lunch is additional.

Cultural Arts Speaker, CONFRONTING THE CLIMATE CRISIS: The Facts & What We Can Do – Prof. Stephen Pekar – Mon., 3/30, 1:30 pm

We are seeing climate disruption today: catastrophic fires consuming large areas in Australia and California, extreme storms in the Caribbean, and historic flooding in the Midwest. Climate scientist Stephen Pekar will explain what we can expect, the dramatic steps needed to address climate change fast enough, and steps all of us can take as individuals today. Sugg.: \$6 m/\$10 nm.

DRAMA WORKSHOP – Nourish the actor in you! Don't be shy--all levels are welcome! Our drama group practices scenes and skits, and then presents a public performance. Scott Klavan, our director, has performed on Broadway, Off-Broadway and on TV. 14 Thurs., \$168 m/\$196 nm.

HEBREW ULPAN – From beginners through advanced lessons. 8:30 am for beginners and 10:00 am for advanced students. 14 Thurs., \$154 m/\$210 nm.

MEMORY WORKSHOP – Strengthen and improve your memory, with listening skills, helpful hints, and techniques to boost recall. FREE m/\$5 nm.

MIXED MEDIA, COLLAGE, PAINTING & 3-DIMENSIONAL ART – With a variety of materials, participants will make art such as boxes, mosaics, bowls, sculptures, batik and prints. Materials included. With experienced artist and teacher Sandy Izhakoff. 4 Tues., 12:15 to 3:00 pm, \$75 m/\$85 nm.

PAINTING WORKSHOP – Using watercolors, acrylic paint, or charcoal, create a work of art! For the experienced artist and those who would like to try it. Materials incl. With Sandy Izhakoff, experienced artist and teacher. 4 Wed., 12:10 to 2:10 pm, \$75 m/\$85 nm.

POETRY WORKSHOP – Explore and analyze poems. Bring your own work or simply enjoy the lively discussions. FREE m/\$5 nm.

Community

MEN'S CLUB – Lively, intellectual, and thought-provoking discussions. Meet new friends and stimulate your mind. Discuss current events, politics, and more! FREE.

P.E.R.C. (Progressive Energy for Retired Citizens) – Weekly thought-provoking discussions on current issues. Topics presented by PERC participants. FREE.

PING PONG – Every Friday, 12:15 pm.

WHY DINE ALONE? – Enjoy a strictly kosher lunch every Monday with your community. Chat with friends over a delicious meal. Call ext. 160 to reserve by the prior Thursday. \$4 m/\$6 nm.

19th ANNUAL EVA AND LOU FRIEDMAN MODEL PASSOVER SEDER – Share the joys of the holiday together as a community. A Glatt kosher luncheon will be served. We wish to thank Vivien and Bob Newman for endowing the Model Seder in memory of Vivien's parents, Eva and Lou Friedman. RSVP by March 20th to ext. 160. \$18 m/\$20 nm.

Classes

ART HISTORY: POLITICAL ART IN TROUBLED TIMES – Our class will focus next on Francisco Goya and his reaction to the Napoleonic War in Spain and his corrupt society; protest art during the Vietnam War era; and the works of indigenous American artists. We'll tour some political art at the Met with Matthew Fischer on 3/5. See above for trip info. Artist Matthew Fischer has an MFA from Columbia U. and teaches at SUNY New Paltz and the 92Y. 5 Thurs., 1/16, 2/6 & 2/13, 3/5 (Met trip) & 3/19, 11:15 am-1:00 pm, \$40 m/\$48 nm (cost of trip extra).

FILM DISCUSSION GROUP WITH FILM CRITIC – Watch and discuss great films with a film critic! Matthew Weiss has done everything on a film set from acting and producing to directing. 6 Tues., 1/7 & 1/21, 2/4 & 2/18, 3/3 & 3/17, 12:20-2:50 pm, \$60 m/\$72 nm.

PIRKEI AVOT (ETHICS OF THE ANCESTORS): A Guide to Personal Growth – Pirkei Avot is the best known and most beloved text from the Talmud. We'll be reading the text together, engaging the plain meaning of the text, with the help of classical and contemporary commentaries, and the insights of our classmates. Rabbi Irwin Goldenberg is a retired Reform rabbi and has taught at several colleges. 6 Wed., 2/19 & 2/26, 3/4 & 3/11 & 3/18 & 3/25, 1:00-2:15 pm, \$54 m/\$66 nm.

BOOK DISCUSSION GROUP – Thoughtful, lively discussions focus on the best new & classic literature and non-fiction. New participants welcome. FREE. RSVP requested: ext. 151 or pkurtz@commonpointqueens.org. Thurs., 3/19, 12:15-2:15 pm, Brooklyn, by Colm Toibin. An understated love story about an Irish immigrant.

Film Screenings

A STAR IS BORN – 136 min. Seasoned musician Jackson Maine (Bradley Cooper) discovers and falls in love with struggling artist Ally (Lady Gaga). She has just about given up on her dream to make it big as a singer until Jack coaxes her into the spotlight. But even as Ally's career takes off, the personal side of their relationship is breaking down, as Jack fights an ongoing battle with his own internal demons. FREE m/\$3 nm.

THE BOOKSHOP – 113 min. England, 1959. Free-spirited widow Florence Green follows her lifelong dream by opening a bookshop in a conservative coastal town. While bringing about a cultural awakening through works by Ray Bradbury and Vladimir Nabokov, she earns the polite but ruthless opposition of a local grand dame and the support of a reclusive, book-loving widower. FREE m/\$3 nm.

Health and Wellness

FREE BLOOD PRESSURE SCREENING – By Dr. J. Horwitz, on the first Friday of every month.

HEALTH CHAT: URGENT CARE VS. THE ER – which one is preferable? FREE.

HEALTH CHAT: RHEUMATOLOGY – A rheumatologist will discuss inflammation of the joints, tendons, ligaments, bones and muscles. FREE.

NUTRITION CHAT: FOODS FOR LIVING WELL – Our nutritionist will discuss what to eat in order to stay well and strong. FREE.

PARKINSON'S SUPPORT GROUP – Our support group for people with Parkinson's disease and caregivers provides an opportunity for mutual support, ideas, and resources. Social worker facilitated. FREE.

Volunteer Opportunities

BASIC ENGLISH TUTORING FOR IMMIGRANTS – Volunteers tutor Afghan women immigrants at the Afghan Women Center.

Fri., 11:00 am-1:00 pm, except 3/20. Van available.

Contact to register: ext. 151 or pkurtz@commonpointqueens.org.



Senior Adult **APRIL 2020** Socialization Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
			1	2 8:30 Hebrew Ulpan 12:30 Drama Workshop	3 10:00 Blood Pressure Screening 10:00 Men's Club 11:00 Tutoring Afghan Women 12:15 Ping Pong
5 1:00 ReelAbilities Film Festival	6 12:00 Why Dine Alone? 1:00 ReelAbilities Film Festival 1:30 Memory Workshop	7 10:00 P.E.R.C.	8 10:00 Parkinson's Support Group 12:10 Painting Workshop	9 PASSOVER CENTRAL QUEENS IS CLOSED	10 PASSOVER CENTRAL QUEENS IS CLOSED
12	13 12:30 FILM: WON'T YOU BE MY NEIGHBOR?	14 10:00 P.E.R.C. 12:15 Mixed Media Workshop	15 PASSOVER CENTRAL QUEENS IS CLOSED	16 PASSOVER CENTRAL QUEENS IS CLOSED	17 10:00 Men's Club 12:15 Ping Pong
19	20 12:00 Why Dine Alone? 1:30 Holocaust Remembrance Day Author, Death March Escape: Story of a Man Who Twice Escaped the Nazi Holocaust	21 10:00 P.E.R.C. 12:20 Film Discussion with Matthew Weiss 1:00 Medicare/Medicaid Information Session	22 12:10 Painting Workshop 1:30 Juilliard Performance	23 8:30 Hebrew Ulpan 12:15 Book Discussion: <i>Missing Person</i> , by Patrick Modiano 12:30 Drama Workshop	24 10:00 Men's Club 12:15 Ping Pong
26	27 12:00 Why Dine Alone? 1:30 Poetry Workshop 1:30 Cultural Arts Author, <i>The Accusation: Blood Libel in an American Town</i>	28 10:00 P.E.R.C. 12:15 Mixed Media Workshop	29 10:00 Parkinson's Support Group 12:10 Painting Workshop 1:00 <i>The Many Meanings of God</i>	30 8:30 Hebrew Ulpan 11:15 Art History Class 12:30 Drama Workshop	

Music, Lectures & Workshops

REELABILITIES FILM FESTIVAL – Sun., 4/5,

1:00 pm, and Mon., 4/6, 1:00 pm – The ReelAbilities Film Festival features powerful films about the lives of people with physical, cognitive, or emotional disabilities and their families. Discussions follow each film, often with the filmmaker. These films will move you, make you laugh, and change the way you understand disabilities. Register at www.commonpointqueens.org/filmfest or ext. 151 or pkurtz@commonpointqueens.org. Sugg. donation: \$5.

HOLOCAUST REMEMBRANCE DAY, Cultural Arts Author, DEATH MARCH ESCAPE: The Remarkable Story of a Man Who Twice Escaped the Nazi Holocaust – Jack Hersch – Mon., 4/20, 1:30 pm – Jack Hersch tells the story of his father, who, though emaciated and barely alive after spending nearly a year in the hell of the monstrous Mauthausen concentration camp, twice escaped Nazi death marches. Suggested donation: \$6 m/\$10 nm.

Cultural Arts Author, THE ACCUSATION:

BLOOD LIBEL IN AN AMERICAN TOWN – Edward Berenson – Mon., 4/27, 1:30 pm – In 1928, a 4-year-old child strayed into the woods surrounding the upstate village of Massena, NY. When someone suggested that she had been killed by Jews, policemen and townspeople gave credence to the quickly spreading rumor. Historian Edward Berenson tells the disturbing story of America's only known instance of blood libel and what it reveals about anti-Semitism in the US. Sugg. donation: \$6 m/\$10 nm.

INTERFAITH IFTAR DINNERS – Beginning 4/27 – Share dinner and conversation with your neighbors at a "Break the Fast" Ramadan Dinner while learning about Ramadan customs as families open their homes to host guests. Space is limited. More info at pkurtz@commonpointqueens.org or call ext. 151.

DRAMA WORKSHOP – Nourish the actor in you! Don't be shy—all levels are welcome! Our drama group practices scenes and skits, and then presents a public performance. Scott Klavan, our director, has performed on Broadway, Off-Broadway and on TV. 9 Thurs., \$108 m/\$126 nm.

HEBREW ULPAN – From beginners through advanced lessons. 8:30 for beginners and 10:00 for advanced students. 9 Thurs., \$99 m/\$135 nm.

JUILLIARD SCHOOL – We are fortunate to host musical performances by students of this outstanding school. \$5 per person.

MEMORY WORKSHOP – Strengthen and improve your memory, with listening skills, helpful hints, and techniques to boost recall. FREE m/\$5nm.

MIXED MEDIA, COLLAGE, PAINTING & 3-DIMENSIONAL ART – With a variety of materials, participants will make art such as boxes, mosaics, bowls, sculptures, batik and prints. Materials included. With experienced artist and teacher Sandy Izhakoff. 4 Tues., 12:00 to 3:00 pm, \$75 m/\$85 nm.

PAINTING WORKSHOP – Using watercolors, acrylic paint, or charcoal, create a work of art! For the experienced artist and for those who would like to try it. Materials included. With Sandy Izhakoff, experienced artist and teacher. 4 Wed., 12:10 to 2:10 pm, \$75 m/\$85 nm.

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MEN'S CLUB – Lively, intellectual, and thought-provoking discussions. Meet new friends and stimulate your mind. Discuss current events, politics, and more! FREE.

P.E.R.C. (Progressive Energy for Retired Citizens) – Weekly thought-provoking discussions on current issues. Topics presented by PERC participants. FREE.

PING PONG – Every Friday, 12:15 pm.

WHY DINE ALONE? – Enjoy a strictly kosher lunch every Monday with your community. Chat with friends over a delicious meal. Call ext. 160 to reserve by the prior Thursday. \$4 m/\$6 nm.

Classes

ART HISTORY: What Does Sculpture Say? – We'll look at great sculpture through human history to understand how the very meaning of sculpture has changed, from powerful sacred objects to contemporary art, using everyday objects. We'll look at prehistoric fertility figures, Egyptian and Greek sculpture, Bernini, Michelangelo, Rodin, Brancusi, Duchamp, Moore, and contemporary art. Matthew Fischer has an MFA from Columbia University and is currently teaching at SUNY New Paltz and the 92nd Street Y. 4 Thurs., 4/30, 5/7 & 5/28, 6/11, 11:15 am-1:00 pm, \$40 m/\$48 nm.

FILM DISCUSSION GROUP with FILM CRITIC

– Watch and discuss great films with a film critic! Matthew Weiss has done everything on a film set from acting and producing to directing. 6 Tues., 4/21, 5/5 & 5/12 & 5/19, 6/2 & 6/16, 12:20-2:50 pm, \$60 m/\$72 nm.

THE MANY MEANINGS OF GOD – There is no single Jewish concept of God. The class will explore the ideas of the greatest Jewish philosophers, from the Bible to Maimonides to renegade philosopher Spinoza, to Martin Buber and other modern thinkers. Irwin Goldenberg is a retired Reform rabbi and has taught at several colleges. 8 Wed., 4/29, 5/6 & 5/13 & 5/20 & 5/27, 6/3 & 6/10 & 6/17, 1:00-2:15 pm, \$72 m/\$88 nm.

BOOK DISCUSSION GROUP – Thoughtful, lively discussions focus on the best new & classic literature and non-fiction. New participants welcome. FREE. RSVP requested: ext. 151 or pkurtz@commonpointqueens.org.

Thurs., 4/23, 12:15-2:15 pm, *Missing Person*, by Patrick Modiano - A detective thriller by 2014 Nobel Prize winner Modiano, about a man who lived through the Nazi occupation of Paris.

Film Screenings

WON'T YOU BE MY NEIGHBOR – 94 min. For over 30 years, Fred Rogers, an unassuming minister, puppeteer, writer and producer, was beamed daily into homes across America. In his beloved TV program, he spoke directly to young children about some of life's weightiest issues, in a simple, direct fashion. There hadn't been anything like Mr. Rogers on television before and there hasn't been since. FREE m/\$3 nm.

Health and Wellness

FREE BLOOD PRESSURE SCREENING – By Dr. J. Horwitz, on the first Friday of every month.

MEDICARE/MEDICAID INFORMATION SESSION – Ellen Frank, an attorney with the New York City Bar Committee on Legal Problems of the Elderly, will give an important presentation. FREE.

PARKINSON'S SUPPORT GROUP – Our support group for people with Parkinson's disease and caregivers provides an opportunity for mutual support, ideas, and resources. Social worker facilitated. FREE.

Volunteer Opportunities

BASIC ENGLISH TUTORING FOR IMMIGRANTS – Volunteers tutor Afghan women immigrants at the Afghan Women Center. Fri., 11:00 am-1:00 pm, 4/3 only. Van available. Contact to register: ext. 151 or pkurtz@commonpointqueens.org.