



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:00 - 8:45 am Men ONLY	6:15 - 6:55 am	6:15 - 6:55 am	6:15 - 6:55 am	6:15 - 6:55 am	
9:00 - 9:45 am Men ONLY	7:00 - 7:45 am	7:00 - 7:45 am	7:00 - 7:45 am	7:00 - 7:45 am	6:15 - 6:55 am
10:00 - 10:45 am Women ONLY	8:00 - 8:45 am	8:00 - 8:45 am	8:00 - 8:45 am	8:00 - 8:45 am	7:00 - 7:45 am
11:00 - 11:45 am Women ONLY	9:00 - 9:45 am	9:00 - 9:45 am	9:00 - 9:45 am	9:00 - 9:45 am	8:00 - 8:45 am
12:00 - 12:45 pm* Closed for Classes	10:00 - 10:45 am	10:00 - 10:45 am	10:00 - 10:45 am	10:00 - 10:45 am	9:00 - 9:45 am
1:00 - 1:45 pm* Closed for Classes	11:00 - 11:45 am	11:00 - 11:45 am	11:00 - 11:45 am	11:00 - 11:45 am	10:00 - 10:45 am
2:00 - 2:45 pm* Closed for Classes	12:00 - 12:45 pm	12:00 - 12:45 pm	12:00 - 12:45 pm	12:00 - 12:45 pm	11:00 - 11:45 am Women ONLY
3:00 - 3:45 pm Family Swim	1:00 - 1:45 pm	1:00 - 1:45 pm Men ONLY	1:00 - 1:45 pm	1:00 - 1:45 pm	12:00 - 12:45 pm Women ONLY
4:00 - 4:45 pm Family Swim	2:00 - 2:45 pm	2:00 - 2:45 pm Men ONLY	2:00 - 2:45 pm	2:00 - 2:45 pm	1:00 - 1:45 pm
5:00 - 5:45 pm	3:00 - 3:45 pm	3:00 - 3:45 pm	3:00 - 3:45 pm	3:00 - 3:45 pm	2:00 - 2:45 pm
6:00 - 6:45 pm	4:00 - 4:45 pm* Closed for Classes	4:00 - 4:45 pm* Closed for Classes	4:00 - 4:45 pm* Closed for Classes	4:00 - 4:45 pm* Closed for Classes	3:00 - 3:45 pm
	5:00 - 5:45 pm* Closed for Classes	5:00 - 5:45 pm* Closed for Classes	5:00 - 5:45 pm* Closed for Classes	5:00 - 5:45 pm* Closed for Classes	4:00 - 4:45 pm
	6:00 - 6:45 pm Men ONLY	6:00 - 6:45 pm Women ONLY	6:00 - 6:45 pm Men ONLY	6:00 - 6:45 pm Women ONLY	5:00 - 5:45 pm
	7:00 - 7:45 pm Men ONLY	7:00 - 7:45 pm Women ONLY	7:00 - 7:45 pm Men ONLY	7:00 - 7:45 pm Women ONLY	
	8:00 - 8:45 pm Men ONLY	8:00 - 8:45 pm Women ONLY	8:00 - 8:45 pm Men ONLY	8:00 - 8:45 pm Women ONLY	

Men/Boys and Women /Girls ONLY times are indicated. If not indicated then the session is Co-ed.

Schedule is subject to change.

ALL SWIMMERS MUST RESERVE A SWIM TIME. If reserving for a family each participant in the family must have a reservation.

Please see Pool rules link [www.commonpointqueens.org/membership](http://www.commonpointqueens.org/membership) for reservations and policies.