



POOL SCHEDULE Sept. 11, 2022 - Dec. 31, 2022

SCHEDULE SUBJECT TO CHANGE

POOL NOTES:

- Classes will be going on concurrently with open swim times.
- Swim Caps must be worn by everyone 5 years and older.
- Everyone must shower in the locker room before entering the pool.
- Lifeguard's instructions must be heeded.
- Children under 8 (14) years of age must be accompanied by an adult in the water.
- The fast lane may be closed when the free area is crowded and/or when classes meet and/or there are birthday parties.
- A schedule of classes is available at the Health & Wellness Center control Desk on the Lower Level.
- NO outside si9kjhoes permitted on the pool deck

- Commonpoint Queens Health & Wellness Department reserves the right to close all or part of the pool for special events. Check posted notices for closing times.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:00 - 9:50 am MEN ONLY	6:15 - 8:50 am CO-ED All Ages	6:15am- 12:50pm CO-ED All Ages	6:15 - 8:50 am CO- ED All Ages	6:15am- 12:50pm CO-ED All Ages	6:15 - 11:50am CO-ED All Ages	8:00 am-10:00 am CO-ED All Ages
10:00 - 11:50 am WOMEN & GIRLS ONLY	9:00 am- 11:00 am WOMEN ONLY	1:00 pm-2:30 pm MEN & BOYS ONLY	9:00 - 11:00 am WOMEN & GIRLS ONLY	1:00 pm-2:30 pm MEN & BOYS ONLY	12:00 - 12:50 PM WOMEN & GIRLS ONLY	10:00 am-4:00 pm POOL CLOSED FOR CLASSES & SWIM TEAM
12:00 - 4:00 pm POOL CLOSED FOR CLASSES	11:00 am-3:15 pm CO-Ed All Ages	2:30-3:15 pm CO-ED All Ages	11: 00 am - 3:15 pm CO-ED All Ages	2:30-3:15 pm CO-ED All Ages	1:00 pm-2:00 pm MEN & BOYS ONLY	4:00 pm-8:20 pm Co- Ed All Ages
					2:00-3:15 pm CO-ED All Ages	
4:00 - 6:45 pm Co- Ed All Ages	3:15-7:00 pm POOL CLOSED FOR CLASSES & SWIM TEAM	3:25-6:00pm POOL CLOSED FOR CLASSES & SWIM TEAM	3:25-7:00pm POOL CLOSED FOR CLASSES & SWIM TEAM	3:25-6:00pm POOL CLOSED FOR CLASSES & SWIM TEAM	3:25 pm-5:00 pm POOL CLOSED FOR CLASSES & SWIM TEAM	8:30pm-9:50 pm WOMEN & GIRLS ONLY
	7:00 - 9:45 pm MEN & BOYS ONLY	6:00 - 7:00 pm CO-ED ALL AGES	7:00 - 9:45 pm MEN & BOYS ONLY	6:00 - 7:00 pm CO-ED ALL AGES		10:00 pm - 11:00 pm MEN & BOYS ONLY
		7:00- 8:45pm WOMEN & GIRLS ONLY		7:00 - 8:45 pm WOMEN & GIRLS ONLY		